### INTRODUCTION

#### Sarah Campbell, Head of Schools, Families and Young People

The Schools, Families and Young People's team in the Learning Department at the Victoria and Albert Museum devises and delivers hundreds of activities every year. Our attention is focussed on supporting and developing our audience's creativity and we work hard to ensure participants have high-quality experiences inspired by our collections and exhibitions. We rarely find the time to reflect on our own creative process and how we generate the ideas that fuel our programme of talks, tours, workshops, festivals, projects and performances.

A February afternoon with the ImaginationLancaster team was the perfect opportunity to step back from the daily pressure of deadlines and schedules and think about our practice as museum educators. Leon, Laura and Roger introduced a series of discussion-based activities that generated an inspiring mix of solutions –some were improbable and funny ('vulgarnomics' was a particular favourite); others were achievable and immediately try-out-able. We spent a lot of time discussing the office environment and how it could be used more effectively to support ideas development.

The session with ImaginationLancaster turned the tables – we weren't workshop leaders but workshop participants, and we had the freedom to think differently about our professional roles and how we support our creative development, both individually and as part of the team.



# PROCESS AND CONTENTS



Finding Creative Leaps

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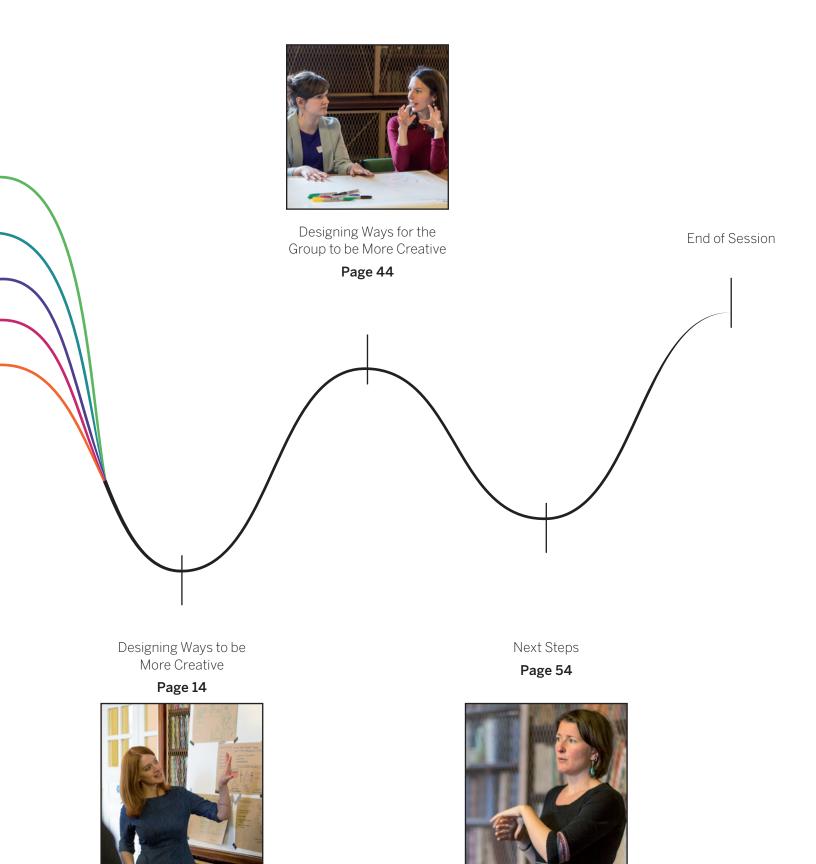
Start of Session

Five Words, Five Lines
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### FIVE WORDS, FIVE LINES

#### Introduction and warm-up

We were aware that most people in the room knew something about each other. We were also aware that levels of knowing each other were variable, and that the facilitation team did not have a good understanding of the group despite our scoping interviews. The Five Lines, Five Words tool was a good way to give everyone a chance to tell us where he or she was coming from. The notion for this is quite simple; a five-word biography that could be illustrated with a drawing of no more than five lines. These were then presented in five seconds, with the high tempo of presentation and high-speed handovers getting the group having fun and with high energy right at the beginning of the session.



Participants take it in turns to stand up and quickly share their Five Words and Five Lines with the rest of the group.

### FINDING CREATIVE LEAPS

#### Thinking about when people were most creative

We asked the group in preparation for the event to think about the creative leaps they had made during the last eighteen months or so. In the first section of the event we asked the group to discuss these creative leaps. We then asked them to document some of the creative leaps on a selection of pro-forma cards. We invited the group to think about creative leaps that were prompted by circumstances with limited time, appropriation, limited resources, self-direction and surprise as well as wild card inspiration that did not fit with any of these categories.



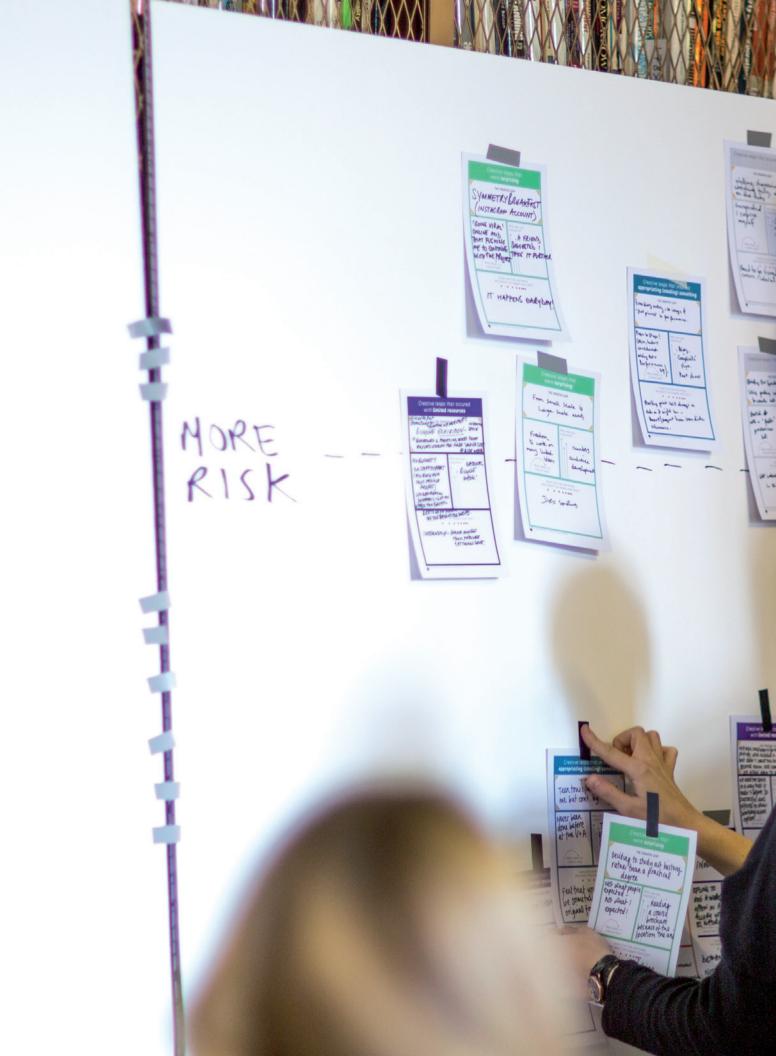


## MAPPING CREATIVE LEAPS

#### Looking for trends and patterns in everyone's creativity

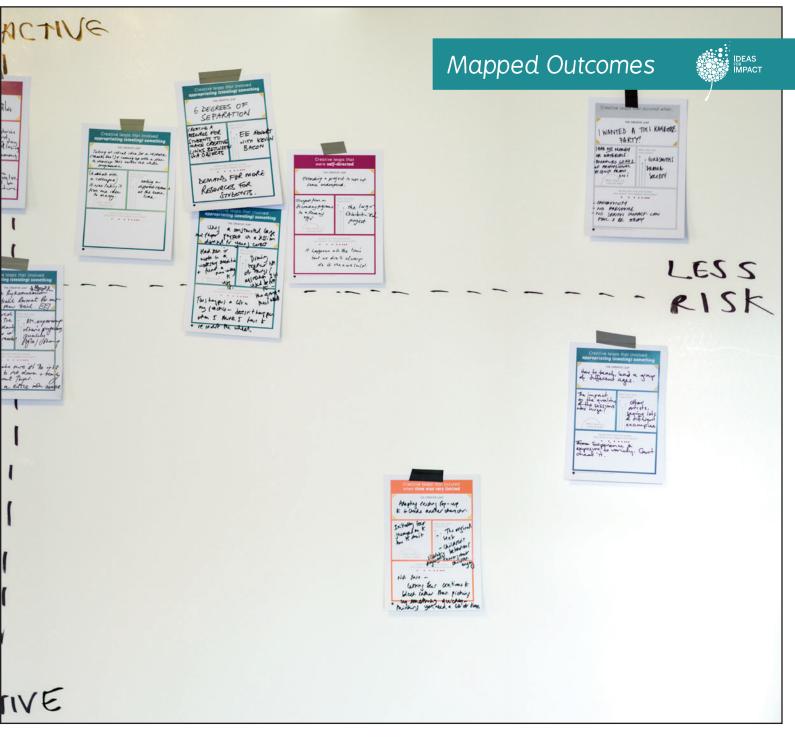
Once all the creative leaps were completed and placed on a large board, we held a discussion on how to group or cluster these instances of inspiration. There was a wide-ranging discussion but one thing that kept coming back was the notion of responding to changes of circumstances (for example the numbers in an activity growing dramatically, or a change in venue). We contrasted this with ideas and innovations that were driven by intrinsic desires to experiment and invent. These two drivers for innovation created the first of our two axes, complementing a second axis around risk. This created a landscape of inspiration that allowed the participants to map out the creative leaps they had identified earlier in the session.

From the responses of the participants it was clear that they regarded most of their creative work to be risky; sometimes driven by curiosity and sometimes by externally imposed factors. It was also clear that participants regarded most of their creative leaps as coming from personal motivation rather than responding to changes in circumstance.









The whole team's creative leaps mapped on an axes comparing risk and reactiveness.

### DESIGNING WAYS TO BE MORE CREATIVE

#### Practical and imaginary ways to be more creative, more often

In this section we invited participants to reflect on how they and others were creative, where this occurred, and also why these creative leaps do not manifest themselves more often. Then we invited participants to design a highly personal approach, tool or process that would help them to be more creative. To help this along, the staff from ImaginationLancaster presented some of their own ideas for personal tools to enhance creativity. Responses included a half-baked ideas box (fittingly not really thought through in the documentation), a ruff of failure (to catch mistakes and failed ideas to use another time) and a pyjama party tool.

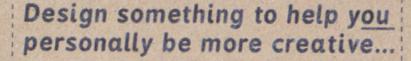


Team members discuss their designs for ways to be more creative personally.









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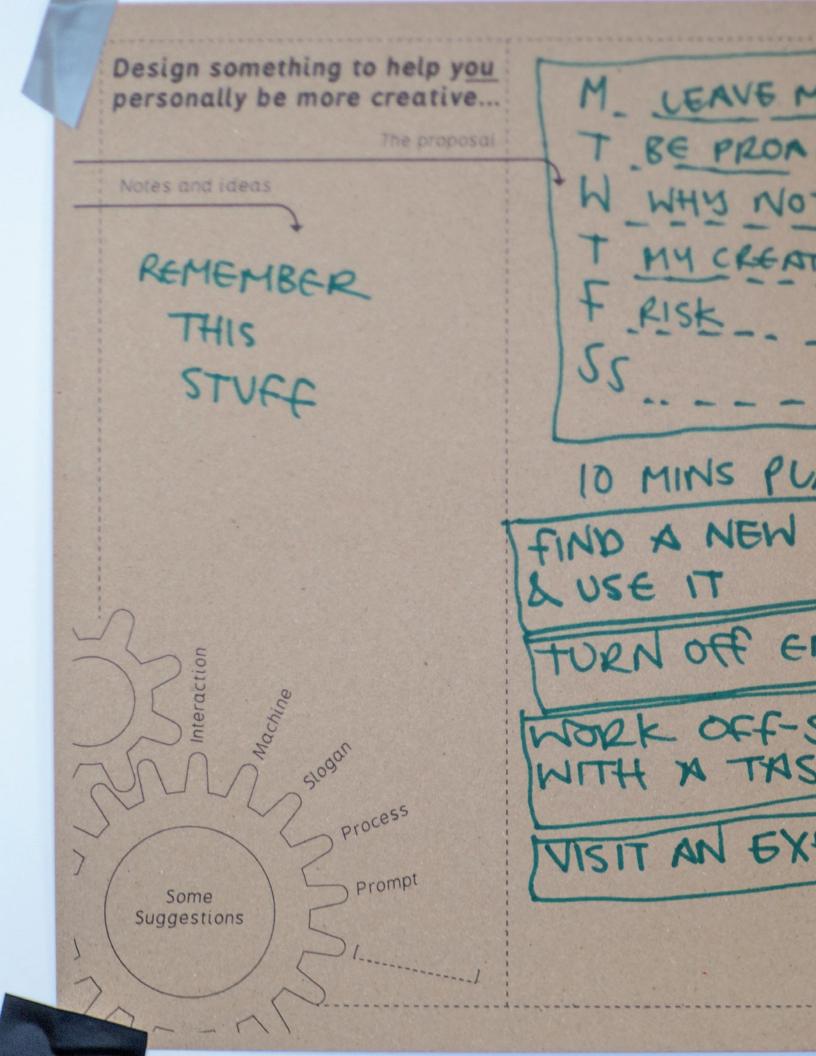
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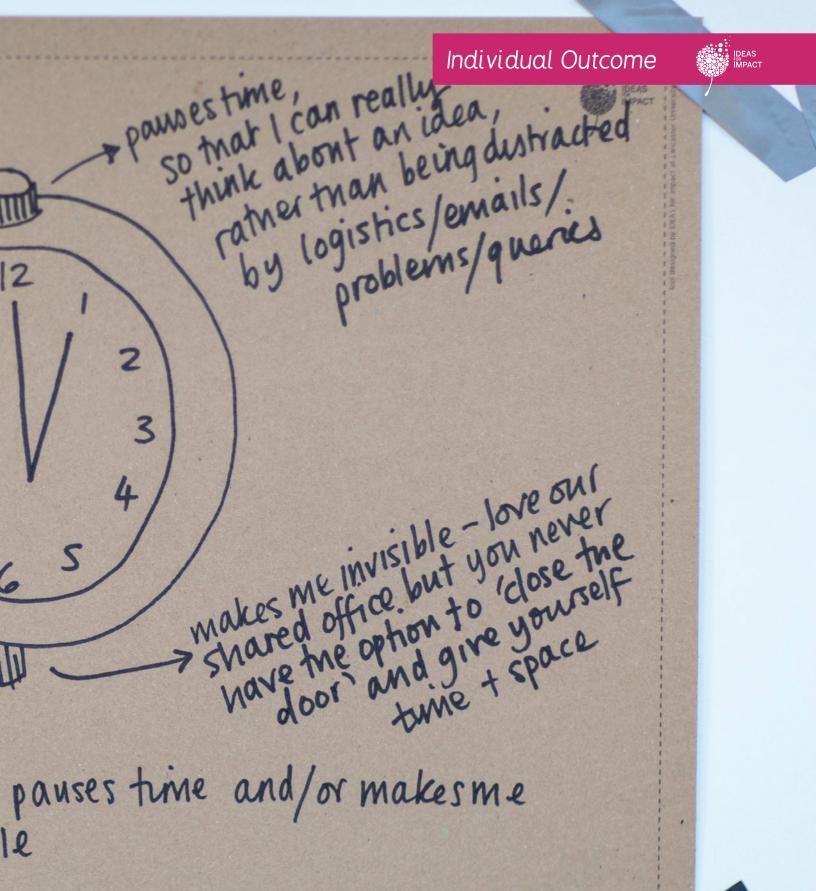
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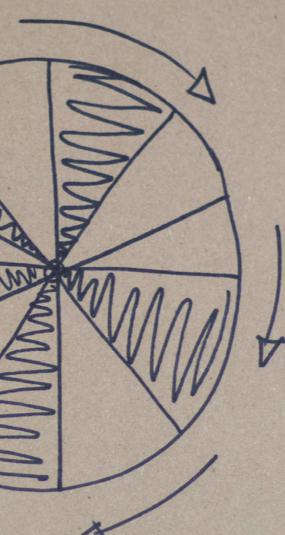
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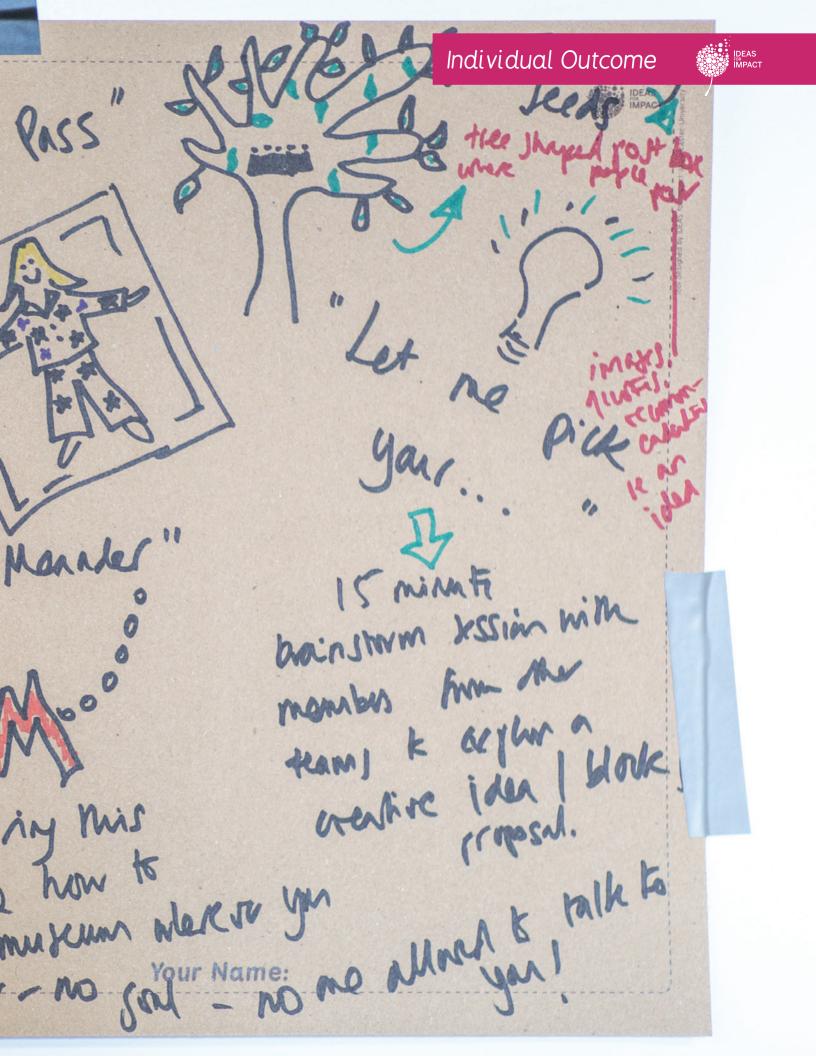
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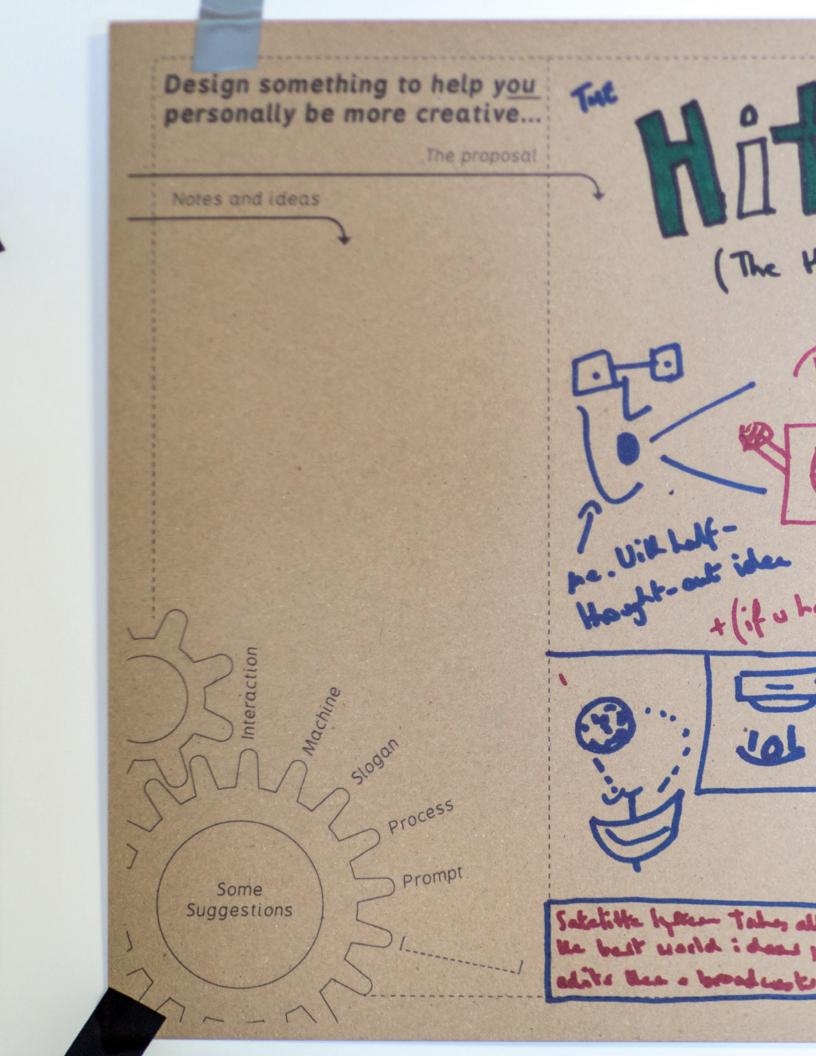


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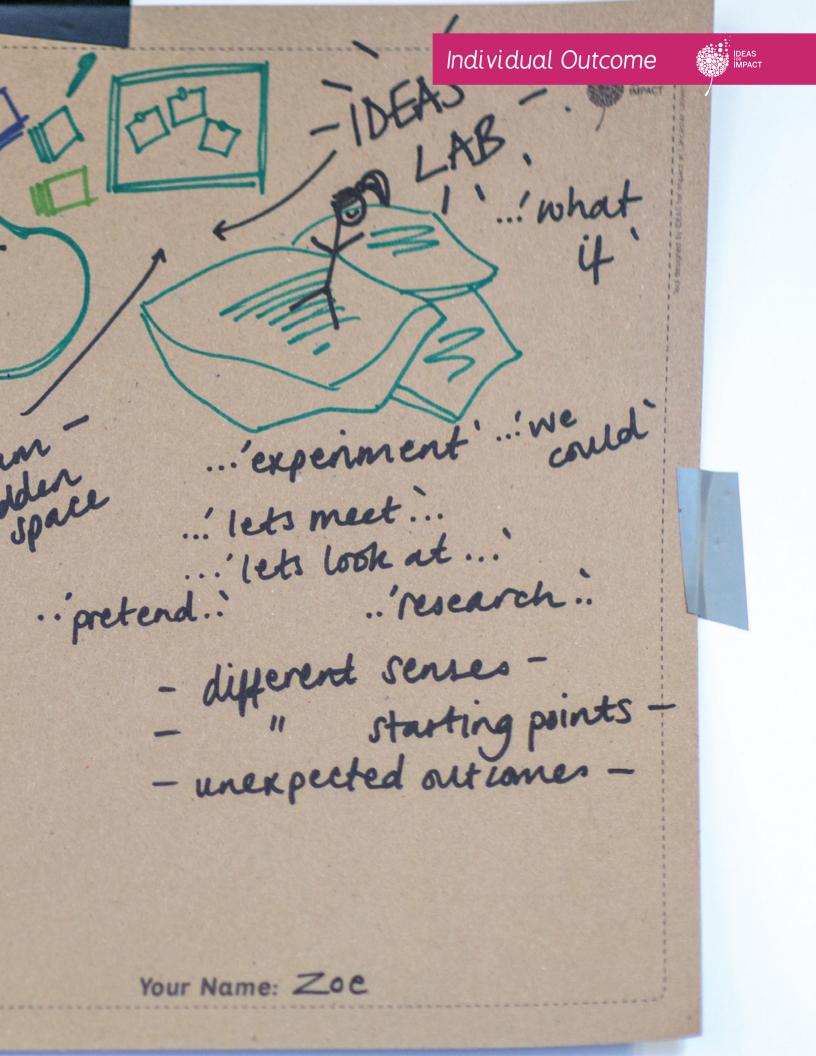
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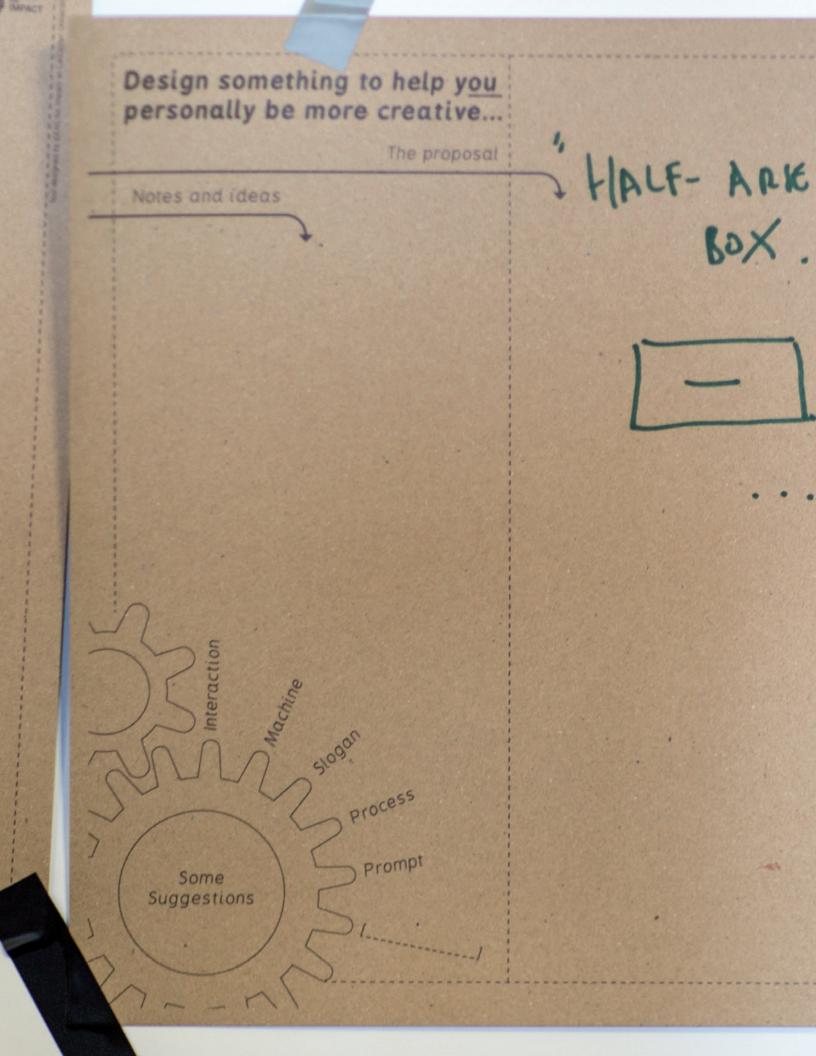




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### Individual Outcome



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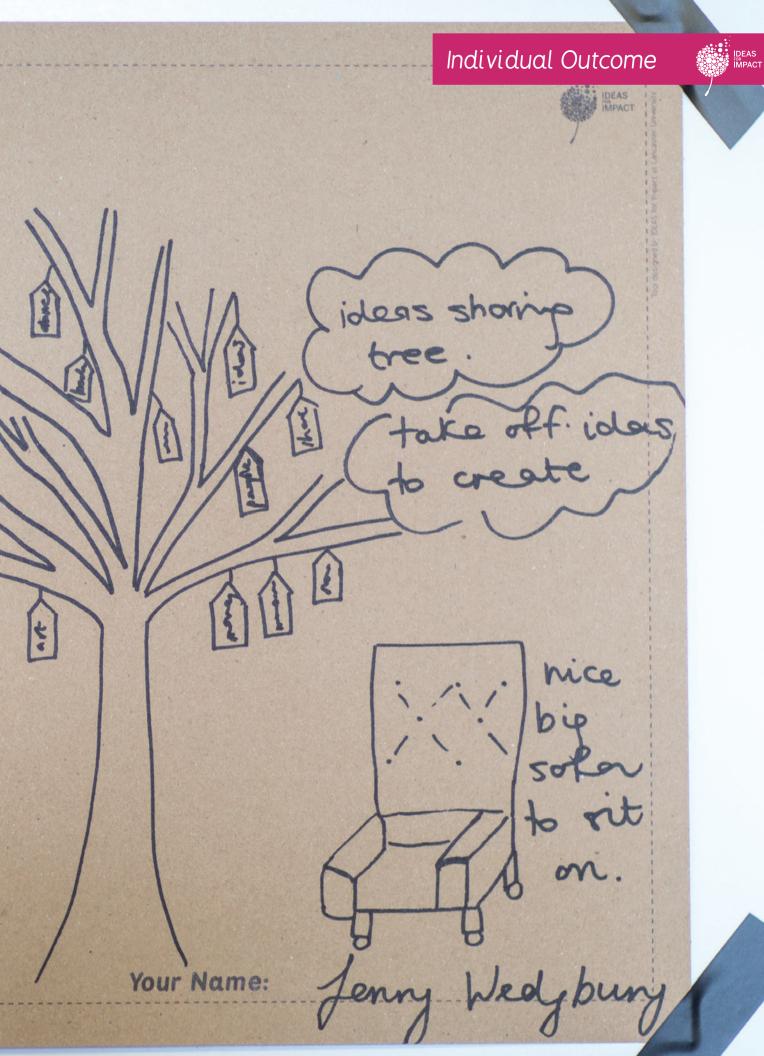
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### Individual Outcome



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### DESIGNING WAYS FOR THE GROUP TO BE MORE CREATIVE

#### Going from enhancing individual creativity to supporting the entire team

Once all of the personal ways to be creative had been displayed and examples had been shared, the group brought the ideas they had explored throughout the day together and were asked to think about ways that they as a team could be creative. The team split into four groups and worked together to complete a large-scale pro-forma. Several outcomes of the activity related to making the team's office space more inspiring, but other ideas emerged, included taking two days out a month to do something creative, having a creativity surgery where other members of the team could give advice on ideas, and going to work somewhere else to be inspired by another person or organisation's work practise.



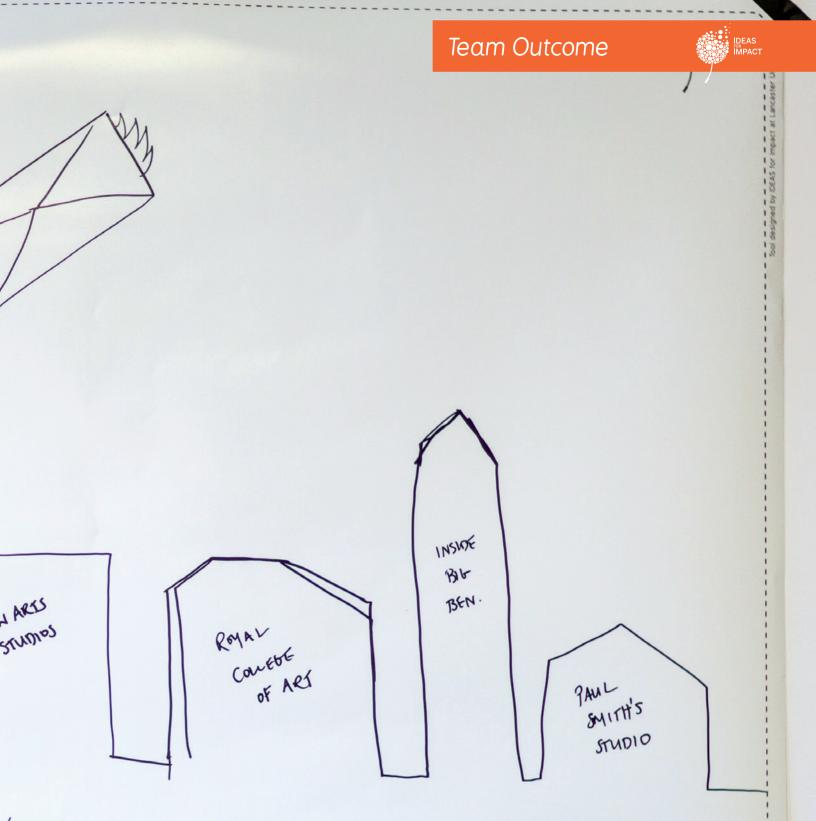


Small teams discuss ideas for how they could be more creative as a group.

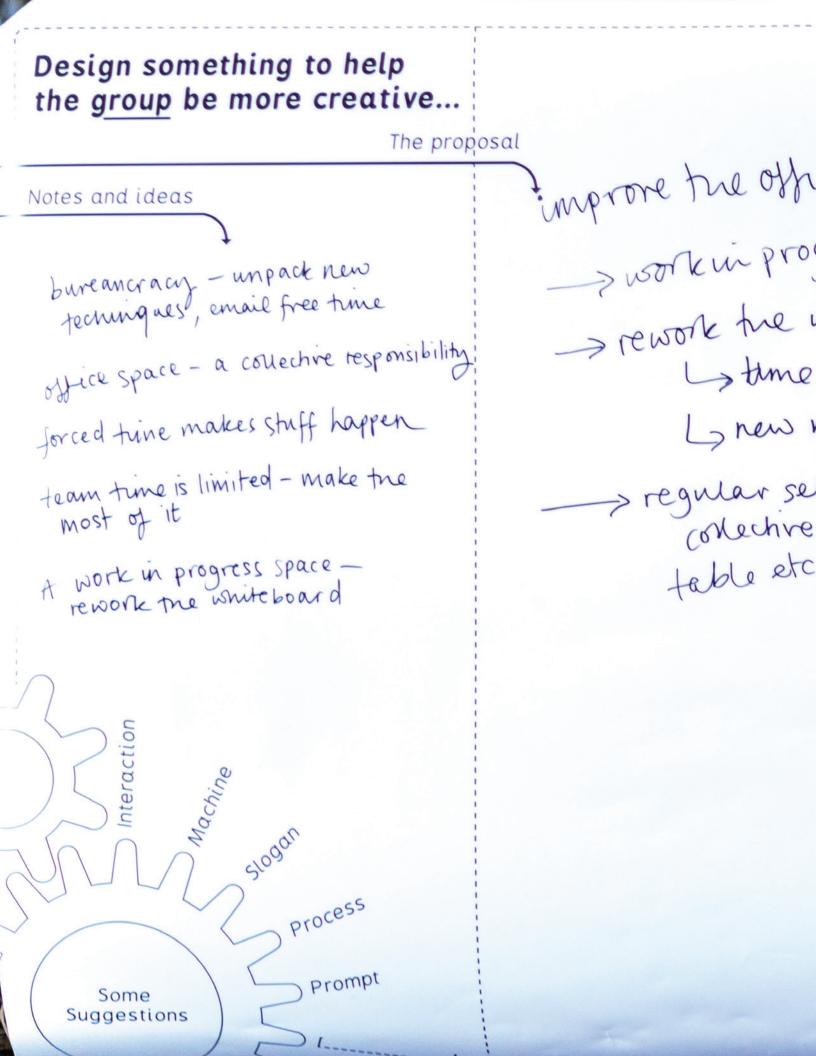


A view of the Lowther Room at the Royal Geographical Society as the teams work on ways to be more creative as a group.

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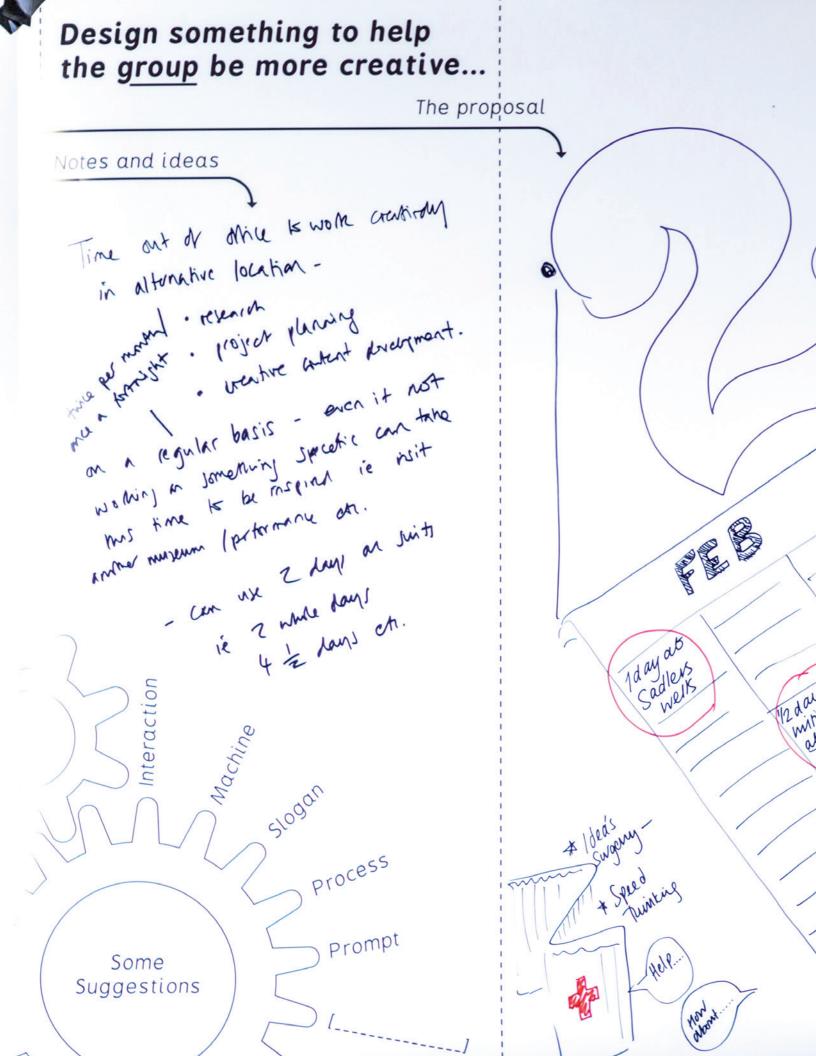


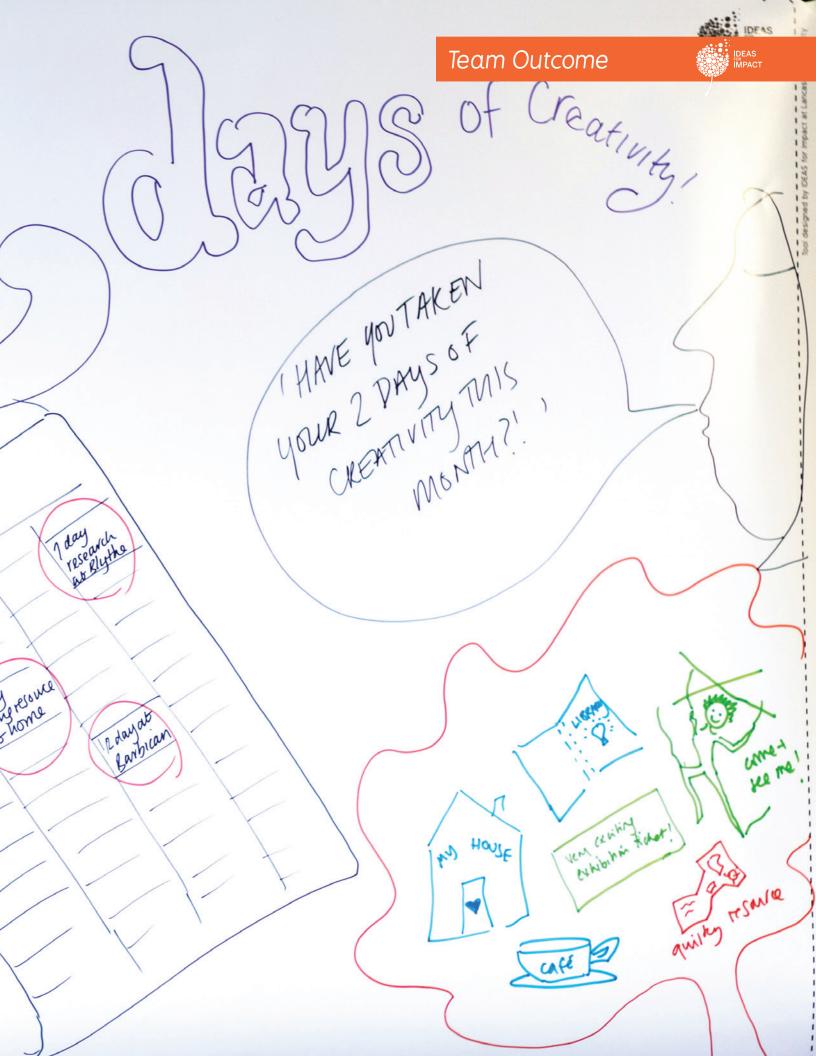
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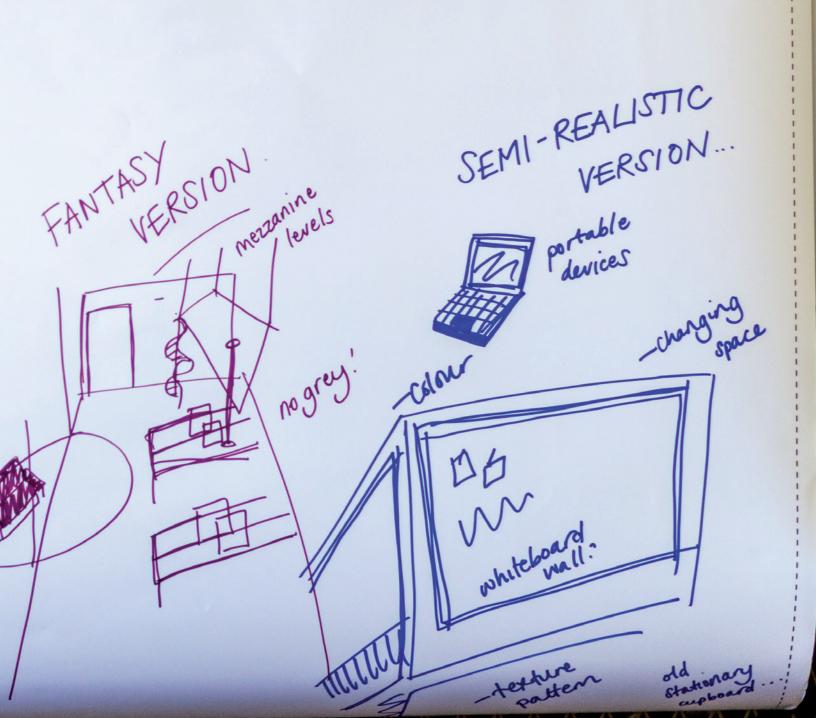




Design something to help the group be more creative... The proposal Notes and ideas Environment of work - mobile working device -mess space studio - practical - Remove regimented angles - more colours Non SFIPince DO nteraction Process Prompt Some Suggestions

#### Team Outcome

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## NEXT STEPS

#### Making the day the start of the conversation

The interesting discussions that had arisen during the workshop were summarised by Sarah and other participants from the event. We observed a great deal of enthusiasm and energy from the team, indicating that some really useful ideas had come out of the day. To ensure that the work done during the session had continued meaning, we provided time during the session for the team to decide how they would take the content of the day forward in their normal working rhythms. We also produced this report and an accompanying tracking tool to allow the team to monitor each team member's efforts to engage with more inspirational activities outside of the office.

The small teams come back together to share the outcome from the group creativity task.

# DELIVERED BY

#### ImaginationLancaster, Lancaster University

The workshop was designed and delivered by Leon Cruickshank, Roger Whitham and Laura Morris from ImaginationLancaster, a design research centre at Lancaster University. The tools used in the workshop were designed as part of the IDEAS for Impact project at ImaginationLancaster, which is funded by HEIF.

More information:

imagination.lancaster.ac.uk and impact.lancaster.ac.uk





